

## Fruit Salad LeanMR

- 2 scoops Vanilla LeanMR
- 1/3 cup watermelon
- 1/3 cup cantaloupe or honeydew
- 1/3 cup pineapple
- 1/3 cup mango
- 1/3 cup strawberries
- 1 tbsp honey
- 2/3 cup orange juice

Place all ingredients in a blender and blend until smooth.  
Add crushed ice as desired for a rich milkshake effect.

|                          |            |
|--------------------------|------------|
| <b>Calories</b>          | <b>297</b> |
| <b>Fat (g)</b>           | <b>1.5</b> |
| <b>Saturated Fat (g)</b> | <b>0</b>   |
| <b>Cholesterol (mg)</b>  | <b>0</b>   |
| <b>Sodium (mg)</b>       | <b>131</b> |
| <b>Carbohydrate (g)</b>  | <b>50</b>  |
| <b>Fiber (g)</b>         | <b>11</b>  |
| <b>Protein (g)</b>       | <b>22</b>  |
| <b>Calcium (mg)</b>      | <b>22</b>  |

